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Driven by the passion for innovation, we at Dr Trust endeavour to provide our customers with the latest medical inventions with an objective to promote good health and wellness all around the world. All the medical devices and health monitors provided by Dr Trust are supported by accurate, latest and ground breaking technologies, innovated at our headquarter in NY, USA. All our products adhere to the most stringent CE and FDA guidelines and are strongly recommended by doctors and health practitioners. Our products are designed in the utmost exemplary ways to ensure that their accuracy and convenience are unrivalled. The ease of their use and operation makes them even more suitable for users of all age groups.

Dr Trust strives to enhance the quality of lifestyle by providing with the most trusted and innovative health care and wellness products. Being a renowned global leader in health care products, Dr Trust ensures that our technically efficient team works dynamically and tirelessly to provide the best of the medical devices to our clients. The products that we have to offer are suitably designed for use at homes, laboratories and hospitals.

Our ground breaking solutions allow you to monitor your health in the easiest ways possible. In today's era when all of our lives are too hassled to handle, it becomes a bit difficult to pay attention to our health. But it has now become easier with the coming of the monitoring devices which can be conveniently used at homes and even on the go.

We bring to you a variety of best self medical devices, trusted and used by Doctors, medical professionals and home users all over the world.

Dr Trust  
Inspire Personal Weighing Scale – 523

QUICK START GUIDE

**Step 1**  
Choose units & calibrate the scale.

**Step 2**  
Place the scale on a hard surface.

**Step 4**  
Step on the scale.

**Step 4**  
Take your reading.

**Step 5**  
Step down from the scale.

**Step 6**  
The scale automatically turns OFF.

OVERVIEW

Your Dr Trust Inspire Personal Weighing Scale has been specifically designed for use at home, with an easy to use interface and superior design. The scale is intended to provide up to 180 kg of weight measurements accurately and consistently.

BEFORE TAKING MEASUREMENT

Battery Installation

This scale operates on 2xAAA batteries. Open the battery's compartment cover and insert batteries as indicated by the polarity symbols (+ and -) as marked. Close the cover.

Select the Desired Weight Measurement Units

You can switch the measurement units between kilograms, pound or stones by clicking the unit button at backside of your scale.

Initialize the Scale

The scale needs to be initialized and auto-calibrated before first use or after any time you move your scale. Place the scale on a hard, flat surface. If the scale turns on while being moved, allow it to turn off once on the ground.

Calibration

Get on the scale and weigh yourself (please keep in mind the first reading may not be accurate and can be disregarded). You can now step on and weigh yourself normally. If you move the scale again, you must repeat this calibration process. You will see your final weight when the display locks in on a weight and blinks two times.

Automatic Switch Off

When you step off the scale, it will automatically switch off. (If no weighing is carried out while the zero is being displayed, the scale switches off automatically after approximate 10 seconds)

Overload Indicator

When the scale is overloaded (180kg/396lb/28.3st), error message will appear on the screen.

Low-battery Indicator

When battery is low, "Lo" message will appear on the screen. Please open the battery cover, then take batteries carefully out of the battery compartment by drawing them sideways out from under the contacts. Do not bend the contacts back while you do this, or they might break. Dispose of the old batteries at the appropriate garbage

OPERATION

Step 1.

Place the scale on a hard & flat surface.  
Weighing scale need to be placed on a hard, flat and horizontal surface. Avoid uneven, carpet or soft surface.

Step 2. Gently step on the scale.

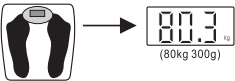
Put your feet on the scale without moving and wait while the scale measures your weight.

Step 3. Take your reading

Stay still and your correct weight will then be shown on display.

Step 4. The scale turns OFF automatically

Step down from the weighing scale. It will turn OFF automatically after 10 seconds.



ADVICE FOR USE AND CARE

- Placing your scale on the hard, flat surface will ensure the greatest accuracy and repeatability.
- Always weigh yourself on the same scale placed on the same floor surface. Uneven floors may affect readings.
- Weigh yourself without clothing, and footwear, before meals and always at the same time of the day. First thing in the morning is a good time.
- Your scale rounds up or down to the nearest 100g or, 50 g if you weigh yourself twice and get two different readings, your weight lies between two.
- Clean your scale with a damp cloth but do not allow water to get inside the scale. Do not use chemical cleaning agents.

- Do not allow your scale to become saturated with water as this can damage the electronics.
- Do not store the scale in an upright position when not in use as this will drain the batteries.
- Remove the batteries if the scale is not being used for a long time.
- Treat your scale with care-it is a precision instrument.
- Do not drop it or jump on it.
- Your new electronic personal scale has been designed to accurately indicate your weight gain or loss over a period of time and should give many years of service under normal use.

SPECIFICATIONS

- Equipped with a High Precision "Strain-gauge" sensor
- Tempered safety plate Glass Platform
- Capacity 180 kg (396lb/28.3st)
- Division 100g/0.2lb
- LCD Display
- Auto-On
- Automatic Zero Resetting
- Automatic Switch OFF
- Overload Indicator
- Low Battery
- Power Supply
- Included 2XAAA batteries

CAUTIONS

- Please remove the insulation sheet from the battery contacts before use.
- Replace the batteries when the scale shows